

GOVERNOR DUCEY'S OFFICE OF YOUTH, FAITH AND FAMILY COUNCIL ON CHILD SAFETY AND FAMILY EMPOWERMENT

SUPPORT SUBCOMMITTEE

August 20, 2019 10:30 AM

1700 West Washington Street Suite 230 Conference Room A Phoenix, AZ 85007

A general meeting of the Support Subcommittee was convened on June 18, 2019, at the Governor's Office of Youth, Faith and Family, Suite 230, Conference Room A, Phoenix, Arizona, 85007.

Notice having been duly given.

Members Present (6)	
Berisha Black, Chair (by phone)	
Andrea Stuart, Co-Chair (by phone)	
Leslie Reprogle (by phone)	
Marcia Stanton (by phone)	
Ann Carver	
Kim Vehon	
Members Absent (1)	Staff/Guests Present (1)
Katie O'Dell	Cecilia Fernandez

MEETING MINUTES

1. CALL TO ORDER

Ms. Andrea Stuart, Co-Chair, called the Support subcommittee meeting to order at 10:32 AM with six members present, one member absent, and one staff present.

2. WELCOME/INTRODUCTIONS

Ms. Stuart welcomed everyone and asked members to introduce themselves.

3. APPROVAL OF MINUTES

Ms. Stuart asked members to review minutes from the June 19, 2019 meeting and called for a motion to approve the minutes. Ms. Leslie Reprogle motioned to approve the minutes and Ms. Marcia Stanton seconded the motion. The motion passed with no dissenting votes.

4. ACEs SUPPORT GROUP

Ms. Reprogle shared that the pilot group participant's feedback was that they wanted to keep in touch with each other and that the group experience helped to validate and normalize the parent experience. Participants thought expansion of the support groups via a virtual platform would be good as long as the content isn't lost. Participants thought the cognitive and emotional aspects of the content was exciting and validating, the only thing they didn't seem to enjoy were activities such as yoga and walking around the room. Participants reported that they liked the tools and resources that were taught and would report back at the next session on how they utilized them.

Ms. Reprogle and Ms. Ann Carver shared demographic data regarding the group, they stated that different populations were represented including gender, ethnicity, biological parents versus foster parents, and a wide age range was also represented. Ms. Carver shared that her interviews with participants ended up looking like a needs assessment. Those interviews are currently being transcribed and should be done soon. Ms. Carver reports that participants felt they were able to self-regulate better, had an increased ability to notice when they were becoming dysregulated and they have better relationship with their kids. Ms. Carver sent out a survey from her personal email to pilot group participants but she has not received any responses yet.

Members discussed expansion and sustainability options including who they can partner with.

- Sustainability and Expansion
 - o Include a faith component into the framework
 - Reach out to foster/adopt agencies to build on the framework
 - Look at funding streams to help support the work
- Intended Outcomes
 - Make referrals available for those who had significant needs to get more help or are looking to improve their situation
 - Focus on parenting, parent-child relationships, understanding triggers by providing tools and resources and showing how to implement them
 - Provide a framework for future projects
 - Develop a customizable program that can be adapted to different variables
 - Remote
 - Faith
 - Foster/Adopt
 - Community resilience leaders
 - Caregivers
- Target Audience
 - Anybody parenting a child with ACEs or with ACEs themselves
 - Biological, kinship, foster/adopt, etc
- Future Considerations
 - Include child care
- Potential Partners
 - o Universities University of Arizona
 - Faith based
 - Sun Valley
 - Pure Heart

Next steps:

Make it scaleable and easy to replicate

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- Expansion beyond Maricopa County
- Determine resources needed
 - Location
 - Facilitators
 - Healthy snacks
 - Web platform expenses
 - Materials
 - Logistics coordination
- Ms. Carter will develop a narrative based on the needs assessment
- Develop a proposal and budget to report out at the 9/12/19 council meeting
- Invite Brenda Cochran from Pure Heart to attend the 9/17/19 Support Subcommittee Meeting to discuss the format and integration of faith into Pure Heart's Support Groups.

5. NEXT MEETING AGENDA ITEMS

Review the proposal and budget

6. FUTURE MEETING DATES

- a. September 17, 2019
- b. October 15, 2019

7. ADJOURN

Ms. Black moved to adjourn. Motion seconded by Ms. Carver. Meeting adjourned at 11:50 AM with no dissenting votes.